

WELLNESS WEDNESDAYS

The NNS Wellbeing Committee Lunch & Learn Series

Join the NNS Wellbeing Committee for a lunch and learn event to learn more about your HII benefits.

Date	Time	Location
May 14	3 a.m. and Noon	Applebees B227 (1 st shift) and PCU B4930 (3 rd shift)
August 13	Noon and 8 p.m.	PCU B4930 (1st and 2nd shift)
September 17	Noon	Trade Winds B64 (1 st shift)
November 12	3 a.m. and Noon	Assembly Hall B1758 (1st and 3 rd shift)

Sessions are 15 minutes long.

Participation/attendance of these offerings must be on personal time. No time charging information will be provided.



Benefits &
Wellbeing